

### Spa Specialties Add-on 30 min.

Thai Herb Compress • Organic Contour Tan  
Sea Escape Salt Glow • Moor Mud Back Facial  
Indian Head Massage • Peppermint Mini Pedi

Natural Nail Care in a Garden Setting

Men's Speciality Spa Menu

Mother Nature Pregnancy and

Post-Natal Yoga & Massage/Facials

Massage restores balance, soothes away  
aches & pain. Private or Semi-private Yoga.

### YOGA & PILATES

On the Beach or at our Studio

Mon/Wed 6:30 pm Sat 11:00am

New Workshops/Events weekly

### Detox & Weight Loss

Custom Nutrition, Postural Analysis, Fitness  
Testing, Training, Holistic Health Plans.

### Chiropractic/Acupuncture

Choose Your Personalized Health Plan Today

### Memberships

Massage • Facials • Spa Therapies • Yoga  
Cedar Far Infrared Sauna Sessions  
& Day Spa Entry



Liberate your inner beauty through  
Holistic Healing & Fitness

Dedicated to Holistic Health & Fitness  
empowering your Mind, Body & Spirit

### Zen Spa Socials

Fireside Massage or  
Couples Massage  
Enjoy lava rocks glowing,  
music drifting & toasty  
blankets under our patio canopy.



Beachside Massage/Couples  
Thai or Shiatsu Massage by the shoreline, fully  
clothed, comfortable, shaded, by the ocean waves.

Champagne Sunset Couples Spa Massage 2hrs  
Your own luxurious time with your sweetheart in a  
spa suite. Enjoy an organic meal together, Chakra  
tonics, private bathroom & shower. Afterward, hold  
hands watching the sunset at the Ocean Lounge.

SPA-rtys or Spa- Chalorette Party (up to 35)  
Luxurious Treatments, spacious spa suites &  
Cuisine, Yoga or Fun Dance class, Lounging Area,  
Sauna Hydrotherapy, Steam Room, Sauna, Limo...

Tea Room/Elixirs for private Tea Party

Steps from a Serene Beach    Jasmine Lined Lanai  
Convenient Beach Parking    Meditation Garden  
Organic Gourmet Fare        Far Infrared Sauna  
Penthouse Accommodations    Outdoor Steam Rm

Private Ozone Hydrotherapy Jacuzzi Soaking Room,  
Custom Aromatherapy Blend Bar & Spa Pantry,  
Venice Pier, Canals, Boardwalk, Restaurants

LA's Original Destination Day Spa



On Set Film/TV & Mobile Massage/Spa

A-list clients include Penelope Cruz, Green Day,  
Kevin Kline, Drew Carey, Amber Tamblyn, Sharon Stone,  
Angela Bassett, Ridley Scott, many more.

America's Next Top Model • MTV • E! News  
Millionaire Matchmaker • Discovery Channel

As seen on...

## Creative Chakra Spa Beachside Healing Retreat



10am-9pm Daily

310-823-9378

www.creativechakra.com

3401 Pacific Ave, 2A & 2B  
Marina Del Rey, CA 90292

California's Leading  
Holistic Spa